

# COVID -19 CLEANING PROTOCOLS FOR VACATED ROOMS

Prior to a COVID-19+ person utilizing a room, consider reducing the amount of porous, non-launderable, surfaces through the use of slip covers and mattress pads to simplify cleaning

Per CDC guidance: <https://bit.ly/2y4Ta70>



## AIR OUT AREA

Leave area open to outside air for at least 24 hours prior to cleaning or ensure adequate time to allow for at least 8 air exchanges (for protection of cleaner)

- » CDC COVID-19 recommendations are for 24 hours, but CDC infection control guidance recommends 8 air exchanges for general infection control
- » <https://bit.ly/2xu7jdA>



## WEAR GLOVES & GOWNS

Cleaner should wear gloves and gown at minimum

- » CDC makes no mention of respiratory protection, but recommended if COVID-19 positive individuals are still present in the area



## LAUNDERABLE ITEMS

- » Remove carefully and do not shake to minimize possibly virus dispersal
- » Wash in warmest appropriate water and dry completely
- » Disinfect any hampers or carts used to transport laundry



## POROUS SURFACES

Porous surfaces that can't be laundered (carpet, drapes, etc) spray surface with EPA-approved product



## NON-POROUS SURFACES

Pay special attention to high-touch surfaces: light switches, bed rails, door handles, sink handles, toilets, etc.

- » Clean surfaces of visible dirt with standard detergent/soap
- » Disinfect with
  - » 70% or more alcohol solution
  - » Diluted bleach (5Tbs/gallon or 4tsp/quart)  
Ensure bleach isn't expired  
Equivalent to a 1:9 dilution of 5% concentrated liquid bleach (per WHO guidance)
- » EPA-approved product
- » Ensure surface stays wet for 10 minutes



## AFTER CLEAN-UP

PPE should be properly removed to reduce risk of self-contamination

- » Gloves and gowns should be removed carefully after cleaning the room to avoid contamination of the wearer and the surrounding area.
- » Remove gloves first, then wash your hands
- » If worn, remove your face mask, and wash your hands again



## REPORT BREACHES

Cleaning staff should immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor



## OTHER CONSIDERATIONS

Per CDC: COVID-19 was detected up to 17 days after Covid+ person vacated a cruise ship room, but prior to disinfections



**COUNTY OF  
SAN MATEO**