

COUNTY OF SAN MATEO



Charitable Contributions Campaign Brochure



family and homeless services • medical research • habitat preservation
environmental education and cleanup • counseling • crisis intervention
rehabilitation • youth guidance • health and human services



“What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal.”
- Albert Pike

ABOUT THE CAMPAIGN

WHAT IS THE SAN MATEO COUNTY CHARITABLE CONTRIBUTIONS CAMPAIGN?

It is an annual opportunity for employees to give back to the community through one-time or regular payroll deduction contributions made to charitable groups working on health, human services and environmental concerns. The participating organizations include the following federations/agencies/charities: EarthShare California, Community Health Charities of California and United Way of the Bay Area. In addition, the following individual charities also participate in the campaign: The Adult Fund, The Children's Fund, Court Appointed Special Advocates (CASA), Healthcare Heroes, County Library Fund, Parks Foundation, Homeless Fund, Meals on Wheels, Sheriff's Activity League and the Wendler Substance Abuse Treatment Fund.

WHO OPERATES THE CAMPAIGN?

Employees within the workplace plan, organize and carry out the drive. Volunteers from each facility serve as coordinators organizing their department's drive. Charitable federation representatives are invited to make presentations to employees on the work of their member groups.

WHO BENEFITS?

Everybody. The programs and services of the non-profit organizations participating in the 2014 campaign make our community healthier, stronger and safer. During the campaign, you have the chance to learn more about the issues, the groups' work and what you, your family and your co-workers can do to help.

HOW MUCH SHOULD I CONTRIBUTE?

Giving is a personal decision. It depends on many factors, such as your income, your personal circumstances, or your concern about particular health, social and environmental problems. Give what you can...it all helps.

HOW MUCH OF MY CONTRIBUTION GOES TO ADMINISTRATIVE OVERHEAD?

Each participating federation/agency/charity retains the following percentages of total contributions for administrative and fund-raising costs: EarthShare California (13%), Community Health Charities of California (11%), United Way of the Bay Area (15%), Children's Fund (0%), Adult's Fund (0%), Healthcare Heroes (0%), County Library Fund (0%), Parks Foundation (0%), Homeless Fund (0%), Meals on Wheels (0%).

HEALTHCARE HEROES



Be a **Healthcare Hero**. You don't need tights, a mask, or even a cape. All it takes is a donation to Healthcare Heroes. 100% of your donation goes toward purchasing equipment and supporting health programs at San Mateo Medical Center.

A few recently funded items include:

- Yoga Equipment for Pain Clinic patient classes
- Wii Game System for Long-Term Care resident rehabilitation
- OB/GYN Diagnostic Equipment
- Palliative Care Unit furnishings
- Television for patient education at Daly City Clinic
- Breast health outreach to women in underserved communities
- Exam room for the Ron Robinson Senior Care Center

It's Your Choice. Donors to Healthcare Heroes can choose to designate their donations to one of the funds listed below:

(01) Greatest Need - Supports the greatest healthcare needs at San Mateo Medical Center.

(02) Keller Center for Family Violence Intervention - Supports the unique services provided to victims of child abuse, sexual assault, elder abuse, and domestic violence in San Mateo County.

(03) Ron Robinson Senior Care Center - Supports the physical, mental, social, and lifestyle needs of those 60 and older in San Mateo County.

(04) Breast Health and Outreach - Supports implementation of digital mammography at San Mateo Medical Center and breast health outreach to women in our community.

(05) South County Health Center - Supports the equipment, furnishing, and patient experience needs at the new clinic opening in 2013.

Healthcare Heroes is an employee-directed giving program that supports health initiatives and programs at San Mateo Medical Center. Founded in 1987, Healthcare Heroes is part of the San Mateo County Health Foundation and welcomes donations from all County employees interested in improving health in San Mateo County.

For more information, please visit: www.smchf.org/donate/employee-giving

BAY AREA COMMUNITY FUND UNITED WAY OF THE BAY AREA



When you give to **United Way's Bay Area Community Fund** you support programs that provide the building blocks to a better life: a quality education that leads to a stable job, enough income to support a family, and access to healthcare.

Join us in supporting innovative programs in seven Bay Area counties, such as these in San Mateo County:

EDUCATION - Helping Children Achieve their Potential

United Way partners with Youth Adelante to address the County's high dropout rates among Latino students by offering academic and enrichment opportunities, along with workshops for 250 students about drugs, alcohol, teen pregnancy, and violence.

INCOME - Promoting Financial Stability and Independence

United Way partner ACORN has responded to the growing foreclosure crisis in San Mateo by linking families facing foreclosure and connecting them to certified housing counseling services on predatory lending, foreclosure prevention and sound financial management.

HEALTH - Improving People's Access to Healthcare

San Mateo Children's Health Initiative, also a United Way partner, has lowered the number of uninsured children in San Mateo by 82%, from 17,000 to only 3,000.

United Way's goal is to create long-lasting changes by addressing the underlying causes of these problems. Living united means being a part of the change. Together, we can make a difference.

Give. Advocate. Volunteer. LIVE UNITED.

Contribute to an Agency of Your Choice

You can also choose to direct all or a portion of your gift to a specific agency. Agencies that serve San Mateo County are listed on the following page. A complete list of United Way of the Bay Area-certified agencies is available at www.uwba.org. You can also give to any nonprofit 501(c)3 organization through United Way. If you have any questions about your gift, please call 1-800-273-1779.

Thank you for giving to United Way of the Bay Area!

United Way of the Bay Area: 221 Main Street, Suite 300, San Francisco, CA 94105 (415) 808-4300
www.uwba.org

AASK America

8201 Edgewater Dr. #103, Oakland, CA 94621

www.aask.org

510-553-1748

Prepares and supports adoptive and foster parents to provide stable, nurturing homes for children who are in the state's foster care system due to maltreatment.

Agape Foundation

1095 Market Street, Suite 304, San Francisco, CA 94103

www.agapefdn.org

415-701-8707

Agape provides seed grants, loans and fiscal sponsorship to organizations addressing the following six areas: Peace, Human Rights, Environmental Protection, Economic Justice, Progressive Arts & Media and Grassroots Organizing Support.

AIDS Legal Referral Panel

1663 Mission Street, Suite 500, San Francisco, CA 94103

www.alrp.org

415-701-1200

ALRP helps people with HIV/AIDS maintain or improve their health by resolving their legal issues. ALRP programs include housing, immigration, insurance protection, and community outreach.

Alta Bates Summit Foundation

2450 Ashby Ave., Berkeley, CA 94705

www.absfdn.org

510-204-1667

Provides resources to help Alta Bates Summit Medical Center deliver the best quality health care for starting, saving, and changing people's lives for the better.

American Cancer Society

1710 Webster Street, Oakland, CA 94612

www.cancer.org

510-452-5229

ACS Provides service for cancer patients and families. Delivers programs for prevention, detection, treatment; advocates for improved care and public health; and funds cancer research.

American Indian Child Resource Center

522 Grand Avenue, Oakland, CA 94610

www.aicrc.org

510-208-1870

Our mission is to preserve and promote the integrity and culture of American Indian families, focusing on foster care, education, youth development, and family counseling.

Bayshore Child Care Services

45 Midway Dr., Daly City, CA 94014

www.Bayshorechildcare.org

415-330-1725

Bayshore Child Care Services provides year-round quality child care, education and comprehensive support services to low-income families enabling parents to work or complete training.

California Advocates for Nursing Home Reform

650 Harrison Street, 2nd Floor, San Francisco, CA 94107

www.canhr.org

415-974-5171

CANHR advocates for the rights of long term care consumers through education, legislation and litigation. Consumer hotline services include legal assistance, Medi-Cal eligibility and residents' rights.

Catholic Charities CYO

180 Howard Street, Suite 100, San Francisco, CA

www.cccyo.org

415-972-1200

Supporting families, aging and disabled adults, and youth through social services and opportunities for healthy growth and development.

Coastside Adult Day Health Center

645 Correas St., Half Moon Bay, CA 94019

www.coastsideadulthoodhealth.org

650-726-5067

CADHC provides comprehensive health care to the elderly and disabled in a structured day program that keeps people healthy, active, and as independent as possible.

Coastside Children's Programs

494 Miramontes Avenue, Half Moon Bay, CA 94019,

www.coastsidechildren.org

650-726-7413

Coastside Hope

99 Avenue Alhambra, El Granada, CA 94018

www.coastsidehope.org

650-726-9071

Coastside Hope offers safety net social services and basic life necessities with dignity and hope to all those making the San Mateo Coastside their home.

CORA (Community Overcoming Relationship Abuse)

1633 Bayshore Highway, Suite 280, Burlingame, CA 94010

www.corasupport.org

650-652-0800

CORA is committed to ending domestic violence in San Mateo County through intervention and prevention. We provide comprehensive services to end the cycle of domestic abuse.

Diabetic Youth Foundation

5167 Clayton Road, Suite F, Concord, CA 94521

www.dyf.org

925-680-4994

DYF provides summer camps, weekend and one-day education programs and recreation activities to improve the lives of children, teens and families affected by diabetes.

Donate Life California Organ and Tissue Donor Registry

1760 Creekside Oaks Drive, Suite 220, Sacramento, CA 95833

www.donateLIFCalifornia.org

866-797-2366

Friends for Youth, Inc.

1741 Broadway, Redwood City, CA 94063

www.friendsforyouth.org

650-368-4444

Friends for Youth creates quality mentoring relationships for youth who need them most, providing direct services to youth and technical assistance to mentoring organizations.

Girl Scouts of Northern California

7700 Edgewater Drive, Suite 340, Oakland, CA 94621

www.girlscoutsnorcal.org

510-562-8470

Girl Scouting, from the Silicon Valley to the Oregon border, builds girls of courage, confidence and character who make the world a better place.

Girls on the Run of the Bay Area

3543 18th Street #31, San Francisco, CA 94110

www.gotr Bay Area.org

415-863-8942

Girls on the Run of the Bay Area educates and builds confidence in young girls through non-competitive, curriculum-based running programs.

Hemophilia Foundation of Northern California

6400 Hollis Street, Suite 6, Emeryville, CA 94608

<http://www.hemofoundation.org>

510-658-3324

The Hemophilia Foundation of Northern California serves the needs of persons with hemophilia and related bleeding disorders and is dedicated to its treatment and cure.

Horizons Foundation

870 Market Street, Suite 728, San Francisco, CA 94102

www.horizonsfoundation.org

415-398-2333

Horizons Foundation meets the needs, secures the rights, and celebrates the lives of lesbian, gay, bisexual, and transgender people in the San Francisco Bay Area.

Jewish Family and Children's Services

2150 Post Street, San Francisco, CA 94115

www.jfcs.org

415-449-1200

Compassionate, cost-effective preventive, therapeutic, educational and supportive professional and volunteer human services help 58,000 people - children, families and elderly - annually, relieving suffering and sustaining self-sufficiency.

Legal Aid Society of San Mateo County

521 E. 5th Avenue, San Mateo, CA 94402

www.legalaidsmc.org

650-558-0915

The Legal Aid Society of San Mateo County provides civil legal services to low-income families, seniors, persons with disabilities, and domestic violence survivors.

Mental Health Association of Alameda County

954 60th St., #10, Oakland, CA 94608

www.mhaac.org

510-835-5010

Assists people with mental illness in securing financial benefits and needed services; also provides information and support for their families. Educates the public and policy-makers.

Mental Health Association of San Mateo County

2686 Spring Street, Redwood City, CA 94063

www.mhasmc.org

650-368-3345

Provides emergency/transitional/permanent housing; case management for mentally ill adults; socialization programs for over 400 mentally ill persons; housing assistance for persons with HIV/AIDS.

Mid-Peninsula Boys & Girls Club

200 North Quebec Street, San Mateo, CA 94401

www.midpenbgc.org

650-347-9891

The Mid-Peninsula Boys & Girls Club is a non-profit organization with a mission "to inspire and enable all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible and caring citizens".

Northern California Council of Black Professional Engineers

408-14th St., Oakland, CA 94612

www.ncalifblackengineers.org

510-893-6426

Encourages underrepresented youth through educational activities to pursue technical careers. It conducts seminars, conferences and projects to enhance professional development and community technical awareness.

Omega Boys Club

1060 Tennessee Street, San Francisco, CA

www.Street-Soldiers.org

415-826-8664

Since 1987 Omega Boys Club has taught Bay Area young people how to stay alive and free from violence and incarceration and succeed in school.

Peninsula Jewish Community Center

800 Foster City Blvd., Foster City, CA 94404

www.pjcc.org

650-212-7522

PJCC builds community while serving thousands each year through preschool, camps, fitness and recreation programs as well as youth, family, adult and senior programs.

San Francisco International Program

660 4th Street, #129, San Francisco, CA 94107

www.sfip.org

415-896-0126

The programs create opportunities for professional development that build a diverse body of leaders by combining: cross-cultural exchange, professional training based in experiential learning, mentorship and networking.

Self-Help for the Elderly

407 Sansome St., San Francisco, CA 94111,

www.selfhelpelderly.org

415-677-7600

We promote independence and dignity of all seniors by providing a comprehensive range of education, employment, housing, healthcare, nutrition and social services in the Bay Area.

Shelter Network

1450 Chapin Avenue, 2nd Floor, Burlingame, CA 94010,

www.shelternetwork.org

650-685-5880

Shelter Network's committed to providing housing and support services that create opportunities for homeless families and individuals to re-establish self-sufficiency and return to permanent housing.

Sonrisas Community Dental Center

210 San Mateo Road #104, Half Moon Bay, CA 94019

www.sonrisasdental.org

650-726-2144

Sonrisas Community Dental Center provides dental disease prevention and treatment services as well as oral health education for low-income families residing on the San Mateo Coastside.

Survivors International

703 Market Street, #301, San Francisco, CA 94103

www.survivorsintl.org

415-546-2080

Enhance the well-being and health status of individuals and family members suffering from the effects of torture through increased access to health services and counseling.

The American Red Cross Bay Area Chapter

85 Second Street, 8th Floor, San Francisco, CA 94105

www.redcrossbayarea.org

415 427-8000

The American Red Cross provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies.

The Arc of San Francisco

1500 Howard Street, San Francisco, CA 94103

www.thearcsf.org

415-255-7200

The Arc provides services to adults with developmental & cognitive disabilities --help with jobs, affordable housing, independent living and other necessary skills- so they can live fully in our community.

Thunder Road

390 40th Street, Oakland, CA 94609

www.Thunder-Road.org

510-653-5040

Thunder Road is a drug and alcohol recovery program for Bay Area teens, empowering them to become healthy, connected, and honorable members within our communities.

Trips for Kids

138 Sunnyside, Mill Valley, CA 94941

www.tripsforkids.org

415-458-2986

Provides mountain biking outings, environmental education and bicycle mechanics training for Bay Area low-income youth. Bicycle Thrift shop, *Re-Cyclery*, provides low cost alternative transportation.

United Way of Bay Area

221 Main Street, Ste. 300, San Francisco, CA 94105

www.uwba.org

415-808-4336

United Way works to create long-lasting change in your community by addressing the underlying causes of poverty. Living united means being a part of the change. It takes everyone in the community working together to create a brighter future for all.

Give. Advocate. Volunteer. LIVE UNITED.

Women's Recovery Association

1450 Chapin Avenue, Burlingame, CA 94010

www.womensrecovery.org/

650-348-6603

Our innovative recovery programs are provided in a supportive and safe environment specifically targeted to meet women's needs and enhance their strengths.

YMCA of San Francisco

631 Howard Street, Suite 500, San Francisco, CA 94105

www.ymcasf.org

415-777-9622

From health programs to youth development to senior activities, the YMCA of San Francisco provides the resources individuals need to build a healthy spirit, mind and body, and create strong communities.

COMMUNITY HEALTH CHARITIES



Name	Description	URL
Community Health Charities of California	Supports more than 40 non-profit health agencies fighting life-threatening illnesses. Contributions assist work with hospice programs, Alzheimer's, cancer, Parkinson's, multiple sclerosis, and others.	www.healthcharities.org
Aids Research Foundation/amfar	Supports cutting-edge research on HIV/AIDS treatments, vaccines and cures. Provides latest treatment information to patients and physicians, and prevention information to the public.	www.amfar.org
Alisa Ann Ruch Burn Foundation	Provides services and assistance to severely burn injured children and adults; also provides burn prevention and fire education programs	www.aarbf.org
Alliance for a Healthier Generation	The Alliance for a Healthier Generation works to address one of the nation's leading public health threats—childhood obesity. The goal of the Alliance is to reduce the prevalence of childhood obesity by 2015, and to empower kids nationwide to make healthy lifestyle choices.	www.healthiergeneration.org
ALS Association (Lou Gehrig's Disease)	The only organization whose sole mission is to discover the cause and cure for Lou Gehrig's disease through research, patient support, information, education and advocacy.	www.alsabayarea.org
Alzheimer's Association of No. CA	The Alzheimer's Association promotes research for prevention, care, and treatment of dementias. Chapters provide information, referral, education, and support services to families coping with Alzheimer's.	www.alznorcal.org
AMCancer Research Center	Nationally recognized cancer center devoted to leading edge prevention and control research -- Distinguished scientific external committee.	www.amc.org
American Diabetes Association	ADA supports research to find a prevention and cure for diabetes, which affects 1 in 14 Californians. Educational programs and support groups are conducted locally.	www.diabetes.org
American Liver Foundation	Supports research and education to prevent, treat and cure hepatitis and other liver diseases. Provides education programs, support groups, literature, website, information hotline and referrals.	www.liverfoundation.org
American Lung Association	Works to prevent chronic obstructive lung disease; the third leading cause of death in California, including emphysema, asthma, tuberculosis, lung cancer, and associated causes.	www.lungusa.org
Arthritis Foundation	Supports research to find prevention and cure for arthritis. Provides public and professional education, support groups, self-help courses, exercise classes, physician referral, and free literature.	www.arthritis.org
Autism Speaks	Funds biomedical research into the causes, prevention, treatments, and cure for autism spectrum disorders. Increases awareness and advocates for the needs of affected families.	www.autismspeaks.org
Be The Match	The National Marrow Donor Program®, a nonprofit organization, is the global leader in providing bone marrow and umbilical cord blood transplants to patients in need. As Be The Match®, we operate the Be The Match Registry®, the world's largest listing of potential marrow donors and donated cord blood units and raise funds to help provide transplants to all patients through the Be The Match Foundation®.	www.marrow.org
CaringBridge	Think of us as an online space where you can connect, share and receive support - kind of like a personalized "caring" social network. Thanks to those who donate, we are available 24/7 to anyone, anywhere at no cost.	www.caringbridge.org
California Hospice Foundation	Offers support and technical assistance to over 120 hospices. CHF provides terminally ill patients in all areas with quality care and needed service.	www.hospicefoundation.info
Cancer Research Institute	Supports basic and clinical research nationwide. Funding decisions overseen by Scientific Advisory Council that includes five Nobel laureates. Proven Fiscal integrity. Cancer Helpbook available.	www.cancerresearch.org
Children's Tumor Foundation	Promotes and supports research to find causes and cures for NF; provides information and support to those affected by NF and promotes public awareness.	www.ctf.org
Christopher and Dana Reeve Foundation	Encourages and supports research worldwide to find a cure for paralysis caused by spinal cord injury and other nervous system disorders.	www.paralysis.org
City of Hope	Internationally recognized innovative biomedical research, treatment and educational institution. Physicians/scientists dedicated to the prevention and cure of cancer, HIV/AIDS, diabetes and other life threatening diseases.	www.cityofhope.org

Crohn's & Colitis Foundation of America	Secures funding for biomedical, genetic and clinical research into the cause and potential cure of inflammatory bowel disease. Offers local patient support services.	www.cffa.org
Cystic Fibrosis Foundation	CF is the most common fatal genetic disease in the U.S. The foundation actively supports the advancement of medical science to find a control and cure.	www.cff.org
Cystic Fibrosis Research, Inc.	CFRI awards grant funding to major Cystic Fibrosis research centers and universities, and actively supports education and outreach to the CF community.	www.cfri.org
Easter Seals	Helps disabled persons achieve greater independence through a variety of services, including early intervention, senior programs, daycare and aquatic therapy.	www.easter-seals.org
Epilepsy Foundation of America - Northern California	1 in 100 adults and 1 in 50 children have epilepsy. We support people affected by epilepsy through information and referral, education and advocacy programs.	www.epilepsynorcal.org
Families of Spinal Muscular Atrophy	Provides support and information to individuals and their families, educates the public and medical community, and conducts fundraising to support research towards a cure for SMA.	www.fsma.org
Firefighters Burn Institute	Provides recovery services for burn survivors, summer camp for burn-injured children, fire and burn prevention equipment, continuing education and research, and supports burn care families	www.ffburn.org
Hemophilia Council of California	Represents individual organizations devoted to finding a cure for hemophilia, Von Willebrand's disease, and other coagulating deficiencies through research and psycho-social services.	www.hemophiliaca.org
Hemophilia Foundation of Northern California	The Hemophilia Foundation of Northern California is a non-profit, volunteer-run organization serving the needs of people with hemophilia and related bleeding disorders such as Von Willebrand Disease.	www.hemofoundation.org
Hemophilia Foundation of Southern California	To improve the quality of life and build community for families and individuals living with hemophilia or other bleeding disorders by offering a variety of programs and services that educate, advocate and support the needs of the bleeding disorders community in Southern California.	www.hemosocal.org
Hospice Foundation	Helps support this community network of organizations that provide care and comfort to the people at the end of life and their families.	www.hospicegiving.org
Huntington's Disease Society of America	HDSA supports research on Huntington's disease, a fatal brain disorder, and assists patients and families through programs of patient services, education and community services.	www.hdsa.org
Hydrocephalus Association	Provides support and educational resources to families and professional dealing with abnormal accumulation of cerebrospinal fluid within the brain.	www.hydroassoc.org
JDRF-Juvenile Diabetes Research Foundation	JDRF is the leading global organization focused on type 1 diabetes (T1D) research. The goal of JDRF research is to improve the lives of all people affected by T1D by accelerating progress on the most promising opportunities for curing, better treating, and preventing T1D. JDRF collaborates with a wide spectrum of partners who share this goal.	www.jdrf.org/norcal
Leukemia & Lymphoma Society Northern California Division	Dedicated to curing leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Supports research, patient services, education.	www.leukemia-lymphoma.org
Lupus Foundation of America	Provides public education, patient services, and research for this disease affecting connective tissue and immune system. Primarily strikes females in their childbearing years.	www.lupuscalifornia.org
March of Dimes Foundation	Our mission is to improve the health of babies by preventing birth defects and infant mortality through programs of research, education, community services and advocacy.	www.marchofdimes.com
Mission Hospice of San Mateo	Offers support and technical assistance to terminally ill patients so that they receive quality care and needed services.	www.missionhospice.org
Muscular Dystrophy Association	MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related diseases by funding worldwide research. The Association also provides comprehensive health care and support services, advocacy and education.	www.mdausa.org
Myasthenia Gravis Foundation	A voluntary health organization dedicated to assisting patients with this neuromuscular disease through patient education, drug bank and medical research.	www.myasthenia-ca.org
National Alliance of Mental Illness	NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.	www.naminc.org
National Kidney Foundation	Provides direct patient services, public and professional education, treatment, research, transplantation and cure for patients with kidney disease.	www.kidneyca.org
National Psoriasis Foundation	Working to find a cure for psoriasis and psoriatic arthritis and to eliminate their devastating effects through research, advocacy and education.	www.psoriasis.org

National Reye's Syndrome Foundation	Funds awareness and research programs, while offering guidance to victims of Reye's Syndrome throughout California for this often fatal disease associated with aspirin use.	www.reyessyndrome.org
New Horizons-SFVAR	Provides services and support to developmentally disabled adults with social/recreational services to residents within Santa Clarita and San Fernando Valleys of Los Angeles.	www.newhorizons-sfv.org
Pancreatic Cancer Action Network, Inc.	The only national organization crating hope in a comprehensive way through research, patient support, community outreach and advocacy of a cure.	www.pancan.org
The Parkinson's Institute	Providers of compassionate patient care, outreach, education, and cutting edge basic and on site clinical research in Parkinson's disease and related neurodegenerative disorders.	www.thepi.org
Planned Parenthood Mar Monte	Accessible, personalized, affordable reproductive and primary health care, education programs and advocacy for women, men teens and families throughout Central and Northern California.	www.ppmarmonte.org
Prevent Blindness America	We provide vision screening; school, farm, sports, and industrial eye safety programs; education and research on preventable causes of blindness. All services are free.	www.preventblindness.org
Ronald McDonald House Charities of Southern California	Provides a home away from home for families of children undergoing treatment for cancer and other serious illnesses, and camping experience for children with cancer.	www.rmhcsc.org
San Jose Firefighters Burn Foundation	Provides recovery services for burn survivors, summer camp for burn-injured children, fire and burn prevention equipment, continuing education and research, and supports burn care families	www.sjff.org
Sickle Cell Disease Foundation of California	Public & professional education, counseling & screening, children's programs, youth and adult services; Camp Crescent moon; academic guidance; emergency grants; support groups and referrals.	www.scdfc.org
Spina Bifida Association of California	The Spina Bifida Association (SBA) serves adults and children who live with the challenges of Spina Bifida. Since 1973, SBA has been the only national voluntary health agency solely dedicated to enhancing the lives of those with Spina Bifida and those whose lives are touched by this challenging birth defect. Its tools are education, advocacy, research, and service.	spinabifidaassociation.org/
St. Jude Children's Research Hospital	World's premier institute dedicated to research, treatment and cure of children with cancer, pediatric AIDS, leukemia, and other catastrophic diseases. All patient/family costs covered.	www.stjude.org
Susan G. Komen for the Cure-San Francisco Bay Area Affiliate	Imagine life without Breast Cancer. Make it a reality for all nations by racing of the cure and funding life-saving research and community health programs.	www.komensf.org
Team of Advocates for Special Kids	Team of Advocates for Special Kids (TASK) is a nonprofit charitable organization whose mission is to enable individuals with disabilities to reach their maximum potential by providing them, their families and the professionals who serve them with training, support, information, resources and referrals, and by providing community awareness programs.	www.taskca.org
The Painted Turtle	The Painted Turtle offers children with serious medical conditions and their families a unique camp experience designed to foster personal growth and exploration. Our goal is to empower campers— to make new friends, try new things, build self-confidence, and become more independent in their medical care. In short, we aspire to help our campers discover all that is <i>possible</i> in their lives.	www.thepaintedturtle.org
United Cerebral Palsy	Our mission is to advance the independence, productivity and full citizenship of children and adults with developmental disabilities and those with similar service needs.	www.ucpla.org/

EARTHSHARE CALIFORNIA



EarthShare California

One gift supports diverse organizations conserving and restoring our beautiful California environment, building healthy communities and providing a sustainable future for our planet.
(415) 981-1999, www.earthshareca.org

African Wildlife Foundation

Protects imperiled species-- lions, mountain gorillas, rhinos, elephants, zebras-- through habitat conservation, science, leadership training and wildlife-friendly community-beneficial business development for 50 years.
(888) 4-WILDLIFE, www.awf.org

American Farmland Trust

Helping farmers and ranchers protect their land from development, produce a healthier environment, and build successful communities. Working to save the land that sustains us.
(800) 431-1499, www.farmland.org

American Forests

Funds private and public land reforestation projects; provides satellite imagery of tree loss to cities; educates the public on the value of trees and forests. (800) 368-5748, www.americanforests.org

American River Conservancy

Acquires endangered species habitat, natural fisheries and recreational lands. Volunteers provide stream monitoring, education and habitat restoration services within the American and Cosumnes River watersheds
(530) 621-1224, www.arconservancy.org

American Rivers

Working to protect and restore healthy, natural rivers for the benefit of people and wildlife; ensuring clean drinking water, natural flood protection, and recreational enjoyment.
(877) 4-RIVERS, www.AmericanRivers.org

Anza-Borrego Foundation

Protects and preserves the natural landscapes, wildlife habitat, and cultural heritage of Anza-Borrego Desert State Park® for present and future generations.
(760) 767-0446, www.theabf.org

Arbor Day Foundation

Through mass-media communications, by providing trees for planting, and by producing educational materials, the Arbor Day Foundation makes tree planting and care accessible to all.
(888) 448-7337, www.arborday.org

Bay Area Ridge Trail Council

Plans and builds hiking, biking, and equestrian trail on ridge tops encircling San Francisco Bay. Over 320 miles of a planned 550-mile trail are complete.
(415) 561-2595, www.ridgetrail.org

Beyond Pesticides

Prevents pesticide poisoning of our environment, homes, workplaces, schools, food and water through a practical information clearinghouse on toxic hazards and non-chemical pest control.
(202) 543-5450, www.beyondpesticides.org

Butte Environmental Council

We educate our community and advocate for California's land, air, water, sustainable communities, healthy ecosystems, and the preservation of wild and agricultural land.
(530) 891-6424, www.becnet.org

California Native Plant Society

We increase understanding and appreciation of California's native plants and conserve them and their natural habitats through education, science, advocacy, and horticulture and land stewardship.
(916) 447-2677, www.cnps.org

Californians Against Waste Foundation

Working for a sustainable economy that thrives through greater use of recycled materials and less reliance on our invaluable and irreplaceable virgin resources.
(916) 443-5422, www.cawrecycles.org

Center for Health, Environment and Justice

Protects the health of communities and children through grassroots organizing, coalition-building, and consumer campaigns to eliminate dangerous chemicals in water, air, homes and schools.
(703) 237-2249, www.chej.org

Clean Water Fund of California

We all live downstream... Neighborhood-based action, education programs which join citizens, businesses and government for sensible solutions ensuring safe drinking water, pollution prevention, and resource conservation.
(415) 369-9160, www.cleanwaterfund.org

Communities for a Better Environment

Fighting for environmental justice within California's low-income communities of color through a strategic tier of grassroots community organizing, science, and law.
(510) 302-0430, www.cbecal.org

The Conservation Fund

The nation's most effective and efficient conservation organization - protecting working landscapes, wildlife habitat, historic and recreation sites - with 97% of funds going directly to mission.
(703) 525-6300, www.conservationfund.org

Conservation International

Using a strong foundation of science, partnership and field demonstration, CI empowers societies to responsibly and sustainably care for nature for humanity's long-term well being.
(800) 406-2306, www.conservation.org

Defenders of Wildlife

Working since 1947 to save America's endangered animals and their threatened habitat for future generations through public education, citizen advocacy, legal action and scientific research.
(202) 682-9400, www.Defenders.org

Desert Tortoise Preserve Committee

Protects threatened desert tortoises and their ecosystem by preserving desert habitat, and by fostering research and education.
(951) 683-3872, www.tortoise-tracks.org

Earth Day Network

Helps people in diverse schools and communities around the world improve the health of their children and the environment through grassroots projects, education, and campaigns.
(202) 518-0044, www.earthday.net

Earth Island Institute

Supports 58 projects worldwide that protect people's health and the environment, including safeguarding our oceans, wildlife and habitat restoration, and wilderness training for at-risk youth. (510) 859-9100, www.earthisland.org

Earthjustice

Supports 58 projects worldwide that protect people's health and the environment, including safeguarding our oceans, wildlife and habitat restoration, and wilderness training for at-risk youths. (510) 550-6700, www.earthjustice.org

Ecology Center

Our programs – Recycling, Farmers' Markets, Farm Fresh Choice, Terrain Magazine, EcoHouse, Info Center and Store – promote environmentally responsible practices through education, demonstration, and direct services. (510) 548-2220, www.ecologycenter.org

Environment America Research and Policy Center

Has more than 100 advocates, organizers, and issue experts working together to preserve (202) 683-1250, www.environmentamerica.org/center

Environmental and Energy Study Institute

Protecting the climate by educating Congress, developing innovative solutions, and building broad coalitions to move America to efficient and renewable energy for a sustainable future.

Environmental Defense Center

Provides educational, advocacy, and legal services to public interest organizations advancing environmental protection for marine, coastal and terrestrial resources on California's Central Coast since 1977. (805) 963-1622, www.edcnet.org

Environmental Defense Fund

Our scientists, economists, and attorneys design practical long-term strategies to protect wildlife, natural resources, safeguard clean air, water, and human health. (415) 293-6050 www.environmentaldefense.org

Environmental Law Institute

Environmental law that works for you: community-based education + research on national problems = solutions to protect people and nature. Independent and non-partisan. (202) 939-3800, www.eli.org

Food and Water Watch

We work together with people to demand our right to safe food and clean water, and we fight for policies that prioritize safety over profits. (202) 683-2500, www.foodandwaterwatch.org

Forest Service Employees for Environmental Ethics

Seeks the preservation of ecological values and biological diversity in our National Forests through education and advocating for reforms of the Forest Service's management practices. (541) 484-2692, www.fseee.org

Friends of the Earth

Promotes clean and sustainable energy, clean transportation, climate justice for poor and vulnerable populations, responsible use of technology, and protection of the earth's natural treasures. (866) 217-8499, www.foe.org

Friends of the River Foundation

California's statewide river conservation group has established a strong record of winning lasting victories to preserve, restore, and sustain our rivers. (916) 442-3155, www.friendsoftheriver.org

Golden Gate Audubon Society

We protect Bay Area birds and other wildlife, and share information and knowledge with the public through classes, trips, and special programs. 510) 843-2222, www.goldenaudubon.org

Golden Gate National Parks Conservancy

Harnessing the public's energy to preserve and revitalize national parklands, engage the community with outdoor volunteer experiences, and educate the next generation of "park advocates". (415) 561-3000, www.parksconservancy.org

Greenbelt Alliance

The Bay Area's advocate for open spaces and vibrant places, protecting farmland and natural areas and helping create walkable neighborhoods for over 50 years. (415) 543-6771, www.greenbelt.org

Heal The Bay

A nonprofit environmental organization dedicated to making Southern California coastal waters safe, healthy and clean, through research, education, community action, and advocacy. (310) 451-1500 ext. 159, www.healthebay.org

Izaak Walton League of America

From hunters to hikers, our members protect America's outdoors through community-based conservation, education, common sense public policy, and a commitment to strong outdoor ethics. (800) IKE-LINE, www.iwla.org

The Jane Goodall Institute for Wildlife Research, Education, and Conservation

The Jane Goodall Institute works to create healthy ecosystems, promote sustainable livelihoods and nurture new generations of committed, active citizens around the world. (800) 592-JANE, www.janegoodall.org

Land Trust Alliance

Leads 1,700 conservation groups across America to save the forests, farms, waterways and natural areas you love in communities where you live, work and travel. (202) 638-4725, www.landtrustalliance.org

League to Save Lake Tahoe

Protecting and restoring the environmental quality, scenic beauty, and low-impact recreational opportunities of the Lake Tahoe basin. (530) 541-5388, www.keeptahoeblue.org

Marin Audubon Society

Dedicated for over 50 years to the preservation and conservation of Marin's bayland habitat through acquisition, restoration, advocacy, and education. (415) 668-1242, www.marinaudubon.org

Marin Conservation League

Preserving, protecting and enhancing the natural assets of Marin County since 1934. With 1,100 members supporting active conservation advocacy and public education. (415) 485-6257 www.marinconservationleague.org

Mountain Lion Foundation

A national nonprofit conservation and education organization, founded in 1986, and dedicated to Saving America's Lion™. (916) 442-2666 ext 100, www.mountainlion.org

Planning and Conservation League Foundation

Cutting-edge environmental public policy organization conducting research and educating and empowering local communities to participate in local and state environmental decision making processes. (916) 313-4522, www.pclfoundation.org

Rails-to-Trails Conservancy

Creates a nationwide network of bicycle, walking, and equestrian trails for transportation, recreation, and open space preservation from rail corridors and connecting greenways. (415) 814-1100, www.railstotrails.org

National Audubon Society

Audubon works to protect birds, wildlife and their habitats, including our oceans. Educational outreach programs instruct and inspire future conservationists. Audubon Centers offer outdoor experiences. (212) 979-3000, www.audubon.org

National Fish and Wildlife Foundation

Established by Congress, NFWF is the leader in directing federal agency dollars to protect wildlife and natural resources while raising private capital to leverage those investments. (202) 857-0166, www.nfwf.org

National Forest Foundation

Improving the health, productivity, and diversity of our national forests and grasslands through wildlife habitat conservation, watershed restoration, recreational enhancements and community-based forest stewardship programs. (406) 542-2805, www.nationalforests.org

National Parks Conservation Association

Preserves national parks from the Grand Canyon to Gettysburg; protects endangered wildlife and cultural sites; promotes new parks; defends against pollution, inappropriate development and overcrowding. (800) NAT-PARK, www.npca.org

National Wildlife Federation

America's conservation organization keeping wildlife in our future, protecting endangered species and habitats, and connecting children and adults with nature through education and action opportunities. (800) 332-4949, www.nwf.org

Natural Resources Defense Council

Defends embattled wildlife, wilderness, coasts, rivers, and clean air across America and around the globe to ensure a safe, healthy environment for all living things. (415) 875-6100, www.nrdc.org

The Nature Conservancy of California

Preserving the plants, animals, and natural communities that represent the diversity of life on Earth by protecting the lands and waters they need to survive. (415) 777-0487, www.nature.org

The Ocean Conservancy

Through research, education, and science-based advocacy, The Ocean Conservancy informs, inspires, and empowers people to speak and act on behalf of the oceans. (800) 519-1541, www.oceanconservancy.org

Oceana Inc.

Works internationally to protect marine wildlife and human health through programs to end pollution and destructive fishing practices, and to ensure vibrant, healthy oceans. (202) 833-3900, www.oceana.org

Organic Farming Research Foundation

Fostering the improvement and widespread adoption of organic farming practices. Sponsors organic farming research; disseminates results to farmers; and educates the public and decision-makers. (831) 426-6606, www.ofrf.org

Our City Forest

Provides Silicon Valley neighborhoods, schools & agencies with a one-stop shop for tree planting, including free trees, technical assistance, tree care and environmental education programs. (408) 998-7337, www.ourcityforest.org

Pacific Environment

Protects the living environment of the Pacific Rim by promoting grassroots activism, strengthening communities, reforming public policies and holding international banks accountable for their investments. (415) 399-8850, www.pacificenvironment.org

The Peregrine Fund

Saves eagles, condors, falcons, and other endangered birds through research, breeding, and conservation programs. Helps preserve rainforests. Educates children and adults about nature and science. (208) 362-3716, www.peregrinefund.org

Pesticide Action Network North America

Works to eliminate poisonous pesticides. Links consumer, labor, health, environment and agriculture groups internationally to advance safer, ecologically sound pest control alternatives. (415) 981-1771, www.panna.org

Placer Land Trust

Works with willing landowners and conservation partners to permanently preserve natural open space and agricultural lands in Placer County. (530) 887-9222, www.placerlandtrust.org

Rainforest Action Network

Runs hard-hitting campaigns to protect the world's remaining old-growth forests, indigenous rights and to fight climate change through education, grassroots organizing, and non-violent direct action. (415) 398-4404, www.ran.org

Rainforest Alliance

Works to conserve biodiversity and ensure sustainable livelihoods by transforming land-use practices, business practices and consumer behavior. (888) MY-EARTH, www.rainforest-alliance.org

Restore America's Estuaries

Works to preserve the nation's network of estuaries by protecting and restoring the lands and waters essential to the richness and diversity of coastal life. (703) 524-0248, www.estuaries.org

Rocky Mountain Institute

We drive the efficient and restorative use of resources to create a world thriving, verdant, and secure, for all, forever. (970) 927-3851, www.rmi.org

Sacramento Tree Foundation

Growing healthy, livable communities in the Sacramento region by empowering people to plant, protect, and learn about trees. Join our 5 Million Tree Campaign. (916) 924-TREE, www.sactree.com

San Diego Coastkeeper

(formerly San Diego Baykeeper) Protecting the region's bays, beaches and watersheds for the people and wildlife that depend on them by balancing community outreach, education, and advocacy. (619) 758-7743 ext 103, www.sdcoastkeeper.org

San Francisco Baykeeper (formerly Baykeeper)

San Francisco Bay's pollution watchdog, using science and advocacy to reform policy and enforce clean water laws for the benefit of ecosystems and human communities. (415) 856-0444, www.baykeeper.org

San Geronio Wilderness Association Providing information, nature education, and emergency services to wilderness and forest visitors. Also, protecting and maintaining trails and recreation resources in and around the wilderness. (909) 382-2906, www.sgwa.org

San Jose Conservation Corps

Fights for dreams of at-risk, disadvantaged youths and gives them a second chance to earn a high school education and develop marketable job skills.

(408) 918-1010, www.sjcccharterschool.org

Save Our Shores

Caring for the marine environment through ocean awareness, advocacy, and citizen action along California's Central Coast for over 30 years.

(831) 462-5660, www.saveourshores.org

Save the Bay

Working for over four decades to celebrate, protect and restore the San Francisco Bay-Delta and to improve public access to its shoreline.

(510) 452-9261, www.savesfbay.org

Scenic America

Safeguards America's natural beauty and community character by fighting billboard blight, reducing visual intrusions, protecting open space, and preserving the scenic character of public lands.

(202) 638-0550, www.scenic.org

The Sierra Club Foundation

Fights to preserve wilderness and protect environmental quality worldwide through a powerful combination of education, scientific research, publishing and litigation.

(800) 216-2110, www.tscf.org

Slide Ranch

A pioneer in the field of environmental education, this oceanside farm teaches children through interactive experiences about responsibility, teamwork, and respect for nature and animals.

(415) 381-6155, www.slideranch.org

The Student Conservation Association Over Building new generations of conservation leaders by engaging college and high school-age individuals in hands-on service to parks, forests and urban green spaces nationwide.

(603) 543-1700, www.theSCA.org

Surfrider Foundation

Protects and preserves the world's oceans, waves and beaches through conservation, activism, research and education. Activities include: water quality monitoring, environmental education and grassroots activism.

(800) 743-SURF, www.surfrider.org

The Trust for Public Land

Conserves land for people to enjoy as parks, gardens, and other natural places, ensuring livable communities for generations to come.

(800) 714-LAND, www.tpl.org

Union of Concerned Scientists

Scientists and citizens working on solutions to reduce air pollution and global warming, protect biodiversity, prevent nuclear proliferation, and ensure a sustainable, safe food system.

(800) 666-8276, www.ucsusa.org

Urban Corps of San Diego

Provides young adults with job training and educational opportunities in the fields of conservation, recycling and community service, making youth employable while preserving natural resources.

(619) 235-6884, www.urbancorpsd.org

The Wilderness Society

Works to protect special wild places from development so that future generations will have the opportunity to enjoy America's natural heritage.

(800) THE-WILD, www.wilderness.org

Wildlife Conservation Society

Saves endangered species and threatened ecosystems in 60 countries; teaches ecology and inspires care for wildlife through the Bronx Zoo and national science education programs.

(718) 741-1647, www.wcs.org

World Wildlife Fund

Multinational conservation organization working worldwide to combat climate change, save endangered animals, protect wild habitats, and transform market forces to act in harmony with nature.

(202) 293-4800, www.worldwildlife.org

SHERIFF'S ACTIVITIES LEAGUE



The San Mateo County **Sheriff's Activities League** (SAL) is a non-profit community based organization that was founded in 1997 with the purpose of strengthening relationships between youth, deputies and communities to aid in the prevention of juvenile delinquency in San Mateo County through positive and dynamic programs.

SAL addresses the needs of youth in five focus areas:

- Building the bond between deputies and youth
- SAL Healthy Kids
- Mentoring
- Leadership training
- Character development

The SAL offers safe, affordable, tailored programs that make a difference.

CHILDREN'S FUND



The Children's Fund was established in 1973. The Children's Fund provides assistance all year round to children from newborn to 18 years old.

The Fund provides goods and services that are not available through public funds to assist children and youth who are currently being served by County programs. These departments include Health Services, The Human Services Agency, Probation, and Child Support.

We deal directly with County case workers to get items to the families/children in need. No administrative overhead is charged to the fund.

Children's Fund provides: clothing, school supplies, diapers, Halloween costumes, holiday toys and funds for orthodontic treatment for those who qualify.

For more information about the Children's Fund please contact: Alejandra Haro at (650) 802-5152, email Childrensfund@smcgov.org or visit our website: <http://childrensfund.smcgov.org/>

SAN MATEO COUNTY PARKS FOUNDATION



Our **County Parks** are a vital part of our community. We play and exercise in our parks and they are places where we gather with our family and friends. The historic sites, trails and tide pools are destinations for schools and the campgrounds and day camp sites serve our youth groups. The open spaces offer us solitude, and their beauty and quiet nourish our soul. The wild places provide habitat for native plants and animals.

The San Mateo County Parks Foundation's mission is to inspire people to care for, learn about and enjoy our parks. A partner with San Mateo County Parks, we raise funds to support projects, programs and volunteers to benefit the parks and its visitors. We are committed to conserving and improving San Mateo County Parks for current and future generations to enjoy.

Funds raised by the Foundation support a variety of programs including the Student Conservation Association summer youth crews in the parks and the Volunteer Program. These gifts augment the volunteer and interpretive programs supporting environmental education and service learning in the County Parks as well as trail repair projects and habitat restoration programs.

All employee contributions go directly to a project or program in the parks.

The County Parks System contributes significantly the quality of life citizens enjoy in San Mateo County. As a supporter, your commitment to sustain and enhance the County Parks will be a lasting legacy.

Enjoy Parks. Support Parks.

WENDLER SUBSTANCE ABUSE TREATMENT FUND

Wendler Substance Abuse Treatment Fund was established in 2006 to supplement County expenditures for substance abuse treatment and services. These funds will help current and former criminal defendants in the San Mateo County Treatment Courts as well as provide rewards and incentives for good performance in those Treatment Court programs.

According to the U.S. Department of Justice, more than two-thirds of jail inmates abuse or are dependent on alcohol or drugs (68%). Studies show that every dollar (\$1) spent on drug abuse treatment results in \$7 in societal savings.

Your donations will enable our clients to receive additional services such as health care, dental needs, housing assistance, food and clothing, educational training, and job placement. All contributions will benefit the clients directly.

COUNTY LIBRARY FUND

The County Library Fund supports early literacy efforts for children and families throughout San Mateo County through Raising a Reader, a program that introduces, promotes and enhances literacy for young children and their families.

An early introduction to reading is essential in order to promote language and cognitive development, better reading skills, and a significantly better chance for school and life success.

A key component of the County Library's efforts is to make books easily accessible. We do this by providing "book packets" to new parents, giveaway books at well-baby pediatric visits, and by training volunteers to read to children in day care settings. These programs include quality children's books that promote a lifelong love of reading in children.

What a little money can buy... \$5 will buy a board book for a new parent so the reading habit starts at birth. \$25 will pay for a take home book bag with 3 quality children's books; \$600 will provide a month's worth of giveaway books at a low-income medical clinic.

By donating to the County Library Fund, you can help the County Library introduce, promote and enhance literacy building opportunities to ensure a community of future readers and stop illiteracy before it starts.

100% of your donations will be used to purchase books and literacy materials. We appreciate your support!

THE ADULT FUND

Here are some examples of the kinds of items and services provided by **The Adult Fund**:

- A small refrigerator in which to store meals from the Meals on Wheels program: \$136.00

"Getting the refrigerator meant a whole lot to me. It meant I could put my groceries into my refrigerator every day and have fresh groceries. It meant I could get my Meals on Wheels back again. It was a blessing for me. Thank you." - *Adult Fund recipient*

- A heating pad for a client with chronic neck and back pain: \$22.00
- Socks, Shoes and Pants for a man without income: \$200.00
- A padded transfer bench for a woman on Medi-Cal: \$180.00
- Moving costs for a woman facing harassment in her apartment complex: \$200.00
- A space heater and blankets to protect a client from cold winter nights: \$100.00
- An electric scooter for a client with polio: \$207.00
- Lifeline - a telephone emergency response system - for a low-income, homebound individual: \$60.00 per month

Low-income senior and disabled adults in San Mateo County have many of their needs covered by Social Security, Medicare, and Medi-Cal. However, there are other needed equipment and services that these resources don't cover, or that a meager budget can't afford. This is when clients of Aging and Adult Services turn to the Adult Fund.

The Adult Fund was established in 1983 by social workers and support staff from what was then the Long Term Care Division. It was born out of the concern that after assessing the needs of the seniors and adult with disabilities in its programs, agency staff was often unable to meet even the most basic needs. Neither existing public funds nor client resources could cover the cost of these items that could improve the quality of life and/or enhance the independence of these clients.

When you give to the Adult Fund, 100% of your tax-deductible donation goes directly to the fund. The county donates administrative and staff costs. A committee - consisting of staff of Aging and Adult Services - meets monthly to review requests for client assistance. Donations from Aging and Adult Services staff comprise 80% of Adult Fund funds.

HOME DELIVERED MEALS PROGRAM

(MEALS ON WHEELS)

The **Home Delivered Meals Program (HDM) of San Mateo County** provides meals to homebound individuals who are unable to prepare their own meals or go out to eat and who have little or no assistance in obtaining meals. Meals may be provided on a long-term basis or during short-term convalescence.

Older American Act Funded / County Sponsored Home Delivered Meals Program provides vital nutrition and regular contact from the person delivering the meal, helping frail and at-risk older adults and people with disabilities to live safely in their own homes. **In FY 2013-14, 111,355 meals were delivered to San Mateo County older adults and 6,525 meals were served to adults aged 18-59.**

The HDM program has been in operation in San Mateo County since 1978. In 1992, the MOW Coalition promoted the expansion of the program to include individuals who were HDM eligible, but under age 60. The program consists of HDM, for individuals aged 60 and above, and Supplemental HDM, serving adults aged 18-59. Since there are no Federal or State funds dedicated to non-senior meals, there have been on-going fund-raising activities to support these programs.

Much of the success of the County's HDM Program is due to the collaboration between the County and dedicated service providers. HDM providers include the City of Pacifica, Peninsula Volunteers, Inc., San Mateo Medical Center, Self Help for the Elderly, and Senior Coastsiders. To deliver thousands of meals each year, these providers must coordinate large numbers of volunteers and contribute significant monetary and in-kind support to the program. The HDM program relies on a variety of support including Federal, State, County and provider funds, voluntary participant contributions, and other fund-raising activities.

Menus are reviewed and approved by a Registered Dietitian to ensure meals are nutritious. The goal is to keep recipients healthy by complying with the United States Department of Agriculture guidelines.

Your support will enable providers in San Mateo County to meet the ongoing demand for this vital service in spite of increasing food preparation and delivery costs. **Your contribution goes directly towards purchasing meals and helping members of our community remain in their own homes.**

**Make a difference by donating today.
Giving changes lives!**

For just \$6, you can buy a nutritious well-balanced meal and help a homebound older adult or adult with disabilities maintain their independence rather than be placed in a nursing home or long term care facility. Your contribution will also provide a much needed friendly in-person check on the individual when they receive meals, possible nutrition counseling, and yearly in-home assessments as part of the HDM program.

HOMELESS TRUST FUND



Each year, more than 7,000 men, women and children are homeless in San Mateo County. The 2013 point-in-time homeless census determined that there were 2,281 homeless people **including children** in San Mateo County on the night of January 24, 2013. When deciding where to send your charitable contributions this year, consider contributing to our agency's Homeless Trust Fund.

The Homeless Trust Fund was established in an effort to address some of the issues facing homeless families and individuals. The resources of the Fund can help move people from shelter to housing, or save them from losing their homes and becoming homeless. Your contributions will directly impact the lives of individuals facing homelessness. Here are a couple of stories of how the Homeless Trust Fund has touched lives:

*“Mary” needed help. When Mary’s husband left her, she suddenly became a single mother of three children. Mary attended local college as a nursing student hoping to be awarded financial aid. While living in a local family shelter, she was able to find a reasonable place to live but lacked the required funds for the security deposit to move in. The **Homeless Trust Fund** provided her with **security deposit money** to move from the shelter to a place of her own with her three children. Had the Homeless Trust Fund not provided rental security deposit assistance, Mary and her kids may have ended up with no place to live when it became time to leave the shelter.*

The Trust Fund enabled St. Vincent de Paul to furnish 35 homeless individuals with motel vouchers for relief from the harsh winter nights, and to purchase sleeping bags for homeless individuals who are were the streets one year.

With the generous support of people like you we will be able to continue helping many of these families and individuals not only to meet their housing needs but to work toward self sufficiency. These families and individuals aspire for better future— **please consider your power of giving!**

For more information on how you can help, contact Linda Nguyen or Ali Shirkhani, San Mateo County Center on Homelessness by e-mail at linguyen@smchsa.org or ashirkhani@smchsa.org or by phone at 650-802-5083/7675.

CASA of SAN MATEO COUNTY



CASA of San Mateo County pairs children who have come under the protection of the Juvenile Court with caring, community volunteers who provide companionship, mentoring and support. A Court Appointed Special Advocates program, CASA serves San Mateo County's most challenged, isolated, and at-risk children who are concentrated in the most impoverished parts of the county. Our unique and often life-changing services are not available through any other nonprofit or government agency.

CASA volunteers meet with their children weekly, establishing trust through caring one-on-one relationships. A CASA volunteer might take a child to a playground or park, help with homework or engage a child in enriching experiences such as a trip to a museum or zoo. They get to know each child and help them discover new talents and interests. For example, a CASA can help a child find resources to enroll in a dance, swimming or martial arts class. A CASA can be a mentor, helping a teenager follow his dreams to attend college or find a job. Most importantly, CASA volunteers spend 10 hours a month, getting to know each child and offering adult guidance and encouragement during difficult times.

As an important part of each foster child's team, CASA Volunteers collaborate with families, teachers, social workers, attorneys and other professionals in the child welfare system. CASA volunteers gather and share information through Court reports so that judges are able to make informed decisions. CASA volunteers work within the child's community, advocating for the child in the educational, medical and mental health systems. CASA of San Mateo County has the strong support of Juvenile Court Judges the Private Defender Panel, Children and Family Services, Behavioral Health and Recovery Services, Probation and nonprofits that serve foster youth such as Star Vista. Judges, social workers and attorneys frequently comment in open Court on the value of the volunteers' court reports and solicit additional feedback from them during the hearings. Through this partnership between professionals in the child's life and CASA's dedicated community volunteers, foster children are able to get the services they need to heal and to thrive.

By harnessing the power of dedicated community volunteers, CASA provides a model of care that is both cost effective and evidence-based. Research published by the National CASA Association has shown that a partnership with a CASA volunteer increases a foster child's chances of finding a safe and permanent home, succeeding in school and developing the attitudes and interpersonal skills necessary to shape a brighter future. This past year, 225 foster children were touched by a CASA volunteer, but over 400 children remain on our growing waitlist. Your donation will help CASA expand our capacity in order to provide each and every foster child with a CASA volunteer.

For more information please contact: Patricia Miljanich, Executive Director, at (650) 517-5842.
info@casaofsanmateo.org

www.casaofsanmateo.org

THE 100 CLUB of SAN MATEO COUNTY



The One Hundred Club of San Mateo County is an organization that provides immediate financial support to the spouses and families of peace officers who have lost their lives in the line of duty while serving San Mateo County. The Club also grants scholarships to the children of San Mateo County peace officers who have lost their lives. The One Hundred Club aids San Mateo County peace officers in furthering their professional education in order to better serve their communities. The Club is proud to have contributed to the families of fallen officers since its inception in 1972.